Recovery Navigators

Start with a call to one of our community recovery navigators or case managers who can assist you with navigating treatment and support services.

Charlotte Hungerford Hospital

Ralph Baker, Community Case Manager (860) 459-9726

CHD

Donald Wright, Recovery Coach (860) 921-3670

CMHA

Chuck Bascetta, Recovery Support Specialist (860) 384-9430

Greenwoods Counseling Referrals

Sarah Toomey, Community Outreach & Recovery Navigator (860) 309-3845

McCall Center for Behavioral Health

Glenn Ryan, Director of Special Services (860) 485-8605

Local Mental Health & Addiction Services

While treatment may look different during this time, agencies are still open and offering services, including counseling, groups, and medication assisted treatment like Suboxone.

McCall Center for Behavioral Health

Outpatient, IOP, Groups, MAT, Inpatient, Residential, Prevention, and Family Programs (860) 496-2100, mccallcenterct.org M,W,Th: 8AM-9PM; Tu: 8AM-8PM; F: 8AM-5PM

Greenwoods Counseling Referrals

Outpatient, Groups, Family Support, MAT (860) 567-4437, greenwoodsreferrals.org M-F, 8:30 AM – 5:00 PM

Help, Inc. Watkin's Network

Outpatient, IOP, Groups, and MAT (860) 482-7242, cnvhelp.org/watkins-network M,W,Th:1PM-9PM, Tu:11AM-7PM, F:9AM-5PM

Charlotte Hungerford Hospital Behavioral Health

Outpatient, Dual Diagnosis IOP, Partial Hospital Program, Groups (860) 496-6363, charlottehungerford.org M,Th: 8:30AM-8:00PM, T,W,F: 8:30AM-5PM

MCCA - Torrington

Outpatient, Groups, MAT (860) 482-2613 ext 2400, mccaonline.com M-F 9AM-5PM, can accommodate need for later sessions

ROOT Center

MAT, IOP, Groups, Outpatient (860) 482-8796, rootcenter.org/torrington-clinic M-F: 5:30AM-5PM

Western Connecticut Mental Health Network

Behavioral health, Mobile Crisis Team 860-496-3700 M-F: 8AM-4:30PM

Catholic Charities

Behavioral Health, food pantry by appt only (860) 482-5558 M-F 9:00 AM-5:00 PM

Synergy Advanced Healthcare

MAT, Outpatient counseling (860) 618-7575, synergyhealth.care W,Th,F: 9AM – 6PM

Naloxone & Harm Reduction

Please connect with us to obtain a Narcan kit & other harm reduction information + supplies.

LCOTF Rover

Lauren Pristo, Network Coordinator (860) 626-3194, text or call Supplies are available and delivered via exchange using social distance

Other Helpful Resources

ACCESS LINE: 1-800-563-4083

BEACON WARM LINE FOR RECOVERY SUPPORT: (877) 552-8247, select prompts 1,1, & 1. Para español, seleccione el numero 2 & 2.

Mobile Crisis Team: (860) 482-1500

Mobile Crisis for under 18: Dial *2-1-1, select

prompt 1

Additional recovery resources, children & family's resources, and more: mccallcenterct.org/resources

greenwoodsreferrals.org/all-resources/

COVID-19 Resources

www.ct.gov/coronavirus

uwc.211ct.org/covid19resources/#COVID-19